



# The Way of Jesus

## Week 1: How to Deal with Temptation

### CCV Groups Discussion Guide

#### OPENING QUESTION:

Share a thought or observation from what Tim Tebow and Ashley talked about that stuck out to you.

#### GROUPS [VIDEO GUIDE](#)

#### READ IT AGAIN:

- [Mark 1:9-13](#)

#### DISCUSS:

- When and where do you feel most vulnerable to temptation (not what you are tempted with but the environments that make you more susceptible to temptation)?
- After reading Mark 1:9-13, do you think Jesus was tempted more or less than we are?
- What are some strategies we can use to foresee temptation and then avoid it?
- What are some strategies we can use to resist the temptations you *can't* avoid?
- Of all the ideas shared in this discussion, which struck you as one you are underutilizing which you could lean into this coming week?

#### PRAYER:

Pray the Lord's Prayer together out loud as a group ([Matthew 6:9-13](#)). Focus on how He taught us to pray for God to NOT lead us into temptation.

#### SCRIPTURES:

- **1 Corinthians 10:13**, "No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it."
- **Matthew 26:41**, "Watch and pray that you may not enter into temptation. The spirit indeed is willing, but the flesh is weak."

- **Luke 11:4**, “And forgive us our sins, for we ourselves forgive everyone who is indebted to us. And lead us not into temptation.”
- **James 4:7**, “Submit yourselves therefore to God. Resist the devil, and he will flee from you.”
- **Hebrews 2:18**, “For because he himself has suffered when tempted, he is able to help those who are being tempted.”
- **Hebrews 4:15**, “For we do not have a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin.”
- **James 1:2–4**, “Count it all joy, my brothers, when you meet trials of various kinds, for you know that the testing of your faith produces steadfastness. And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing.”
- **James 1:12–13**, “Blessed is the man who remains steadfast under trial, for when he has stood the test he will receive the crown of life, which God has promised to those who love him. Let no one say when he is tempted, ‘I am being tempted by God,’ for God cannot be tempted with evil, and he himself tempts no one.”
- **Ephesians 6:13–17**, “Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, and, as shoes for your feet, having put on the readiness given by the gospel of peace. In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; and take the helmet of salvation, and the sword of the Spirit, which is the word of God.”
- **1 John 1:9**, “If we confess our sins, he is faithful and just forgives us for our sins and cleanses us of all unrighteousness.”

